

**Healthy Hawk Shots** – Juice ½ orange, small piece ginger, 2 handfuls wheatgrass – TOUCHDOWN!

**Ketchup with Rosemary Sweet Potato Fries**

<http://paleomg.com/ketchup-rosemary-sweet-potato-fries/>

**Southwest Turkey Sliders over Spicy Avocado Slaw**

<http://paleomg.com/southwest-turkey-sliders-spicy-avocado-slaw/>

**Guacamole**

<http://cookingstoned.tv/recipe/best-damn-guacamole-ever/>

**Cucumber Dip Cups**

<http://makethebestofeverything.com/2012/11/cucumber-dip-cups.html>

**Kiwi Chips**

<http://makethebestofeverything.com/2013/03/kiwi-chips.html>

**Rhythm's Zesty Nacho Kale Chips**

[www.deliciousobsessions.com/2014/01/zesty-nacho-kale-chips/](http://www.deliciousobsessions.com/2014/01/zesty-nacho-kale-chips/)

**Avocado Rolls**

<http://www.wholeliving.com/176597/avocado-rolls>

**Baba Ganoush with Parsley**

<http://vegetarian.about.com/od/saucesdipsspreads/r/ganoushparsely.htm>



## Roasted Spicy Herbed Green Olives

<http://sarahscucinabella.com/2013/12/09/roasted-spicy-herbed-green-olives-easy-holiday-recipes/>

## Zucchini Cups

<http://www.tablefortwoblog.com/zucchini-chips/>

## Baby Artichokes with Sizzling Garlic-Lemon-Rosemary Butter

<https://www.pinterest.com/pin/308707749432019468/>

## Vegetable and Garlic Stuffed Mushrooms

<http://www.veganfamilyrecipes.com/2014/01/vegetable-and-garlic-stuffed-mushrooms.html>

## CLASSIC RATATOUILLE

<http://www.wholefoodsmarket.com/recipe/classic-ratatouille>

## Roasted Winter Veggies

<http://www.girlmakesfood.com/roasted-winter-veggies>

## Steamed Clams with Spring Herbs

<http://cooking.nytimes.com/recipes/1016283-steamed-clams-with-spring-herbs>

## Spicy Buffalo Chicken

<http://www.marksdailyapple.com/spicy-buffalo-chicken/#axzz3QM4Dqefq>

## Watermelon Pieces - Posted by [David Wolfe](#)

## Berry Delicious Strawberry Salsa

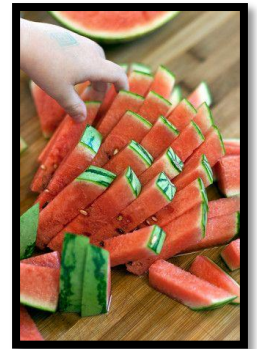


Use organic ingredients.

- 1 lb. strawberries, hulled and diced
- ¼ cup cilantro, chopped
- 1 jalapeño, seeded and finely chopped
- 1 medium shallot, finely chopped
- 1 lime, juiced
- 1 tsp. Himalayan salt

- Gently mix all ingredients together in a bowl.
- Slice cucumbers to use as chips.

via [www.facebook.com/FocusOnHealthyLiving](http://www.facebook.com/FocusOnHealthyLiving)  
<http://www.OAWHealth.com/>



[www.nourishandrevive.com](http://www.nourishandrevive.com)